It seems that we are living a much more complicated life than we imagined we would just a short while back. A life dominated by uncertainty, in which we are heading towards unknown and not exactly peaceful horizons.

Professions which seemed to be consecrated indefinitely are on the brink of extinction, entire domains are turning upside down with confusion, the communities in which we live in are becoming scattered and physical interaction seems to be replaced by the virtual one. Our world as we knew it was rapidly and brutally replaced by a reality in which we find it more difficult to survive and therefore it consumed some of the best resources we have at our disposal.

Marius Milcu, Dr. Habil.
Lucian Blaga University of Sibiu, Department of Psychology
Director of Center for Psychological Research
President of The Association for Qualitative and Intercultural Studies in Psychology (A.A.QL.P.)

Ordinarily held in Sibiu, Romania, this year’s conference was entirely online. By any measure, it was an outstanding success, due to the ingenuity and industry of conference President, Conf. univ. dr. habil. Marius Milcu. Given the demands and unpredictability of COVID 19, Rethinking Applied Psychology must be seen as a triumph, keeping intact the 14-year tradition of uninterrupted publication of conference proceedings that feature integrative and applied research.

This year’s volume is the culmination interdisciplinary and interprofessional collaboration on a wide range of contemporary topics of interest to participants from Romania and elsewhere. These topics covered innovative research methods and practices in clinical psychology and psychotherapy; educational psychology and pedagogical science; work, organizational, and transportation psychology; forensic and military psychology; and social and cultural psychology. Rethinking Applied Psychology is proof of the value of research with a social conscience, research that is of benefit to the individual and society.

Michael Stevens, PhD, DHC, LHD
Professor Emeritus, Illinois State University
Honorary Professor, Lucian Blaga University of Sibiu
Past-President, APA Division of International Psychology

The general themes of the meetings and the corresponding books have allowed the development of an integrative and multidisciplinary perspective of research with contributions coming from different but complementary fields of psychology. Moreover, the perspective of applied psychology has contributed by proposing strategies for improving the health and well-being of people and organisations.

The present book, “Rethinking Applied Psychology: Research Paradigms vs. Practical Approaches”, continues this applied and integrative perspective of the human being as a whole, within different contexts of human behaviour: Applied research is an important issue in order to improve innovation and to increase the knowledge regarding more recent practical fields of Psychology, such as tourism or sustainability. Nowadays, with the pandemic derived from Covid-19, Psychology has become even more important in its application and usefulness to people’s lives. The future of psychology will be increasingly linked to the future of society itself.

Saúl Neves de Jesus, PhD
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Marius Milcu  Michael Stevens  Saúl Neves de Jesus

Rethinking Applied Psychology: research paradigms vs. practical approaches

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