

| sections | title | author | Date, hours |
|----------------------------------|---|---|-------------------|
| 02.12.2025, 12.00 - 13.00 | | | |
| Official Opening | Marius Milcu. Responsibility Standards for AI Integration in Psychological Practice | Marius Milcu | 02.12.2025, 12.00 |
| 02.12.2025, 14.00 - 17.00 | | | |
| Scientific section 1 | Creativity and Psychological Distress: Symptoms of Stress, Anxiety, and Depression in Students - Why is not Creativity a Valued Issue in Schools? | Leonor Domingos, Inês Pereira, Gina Tomé, Tânia Gaspar, Nuno Neto Rodrigues, Margarida Gaspar de Matos | 02.12.2025, 14.00 |
| Scientific section 1 | Family, Emotions and School: The Impact of Family Support on Psychological Well-Being and the Perception of the School Environment | Fábio Botelho Guedes, Ana Cerqueira, Tania Gaspar, Cátia Branquinho, Nuno Neto Rodrigues, Margarida Gaspar de Matos | 02.12.2025, 14.30 |
| Scientific section 1 | The Role of Motivation in Continuing Education at Universities: A Comprehensive Analysis with Case Study of Lucian Blaga University of Sibiu, Romania | Teodora Milcu | 02.12.2025, 15.00 |
| Scientific section 1 | Decision-Making Mechanisms in University Dropout: A Theoretical and Empirical Analysis | Teodora Milcu | 02.12.2025, 15.30 |
| Scientific section 1 | Lifestyle and Academic Performance in Lower and Upper Secondary School Students: Sleep, Screen Time, and Physical Activity | Inês Pereira, Leonor Domingos, Gina Tomé, Tânia Gaspar, Nuno Neto Rodrigues, Margarida Gaspar de Matos | 02.12.2025, 16.00 |
| Scientific section 1 | The Relationships Between Sleep, Circadian Preference and Creativity and Their Impact/Relationship in University Students: A Case Study | Marta Rosa, Carlos Fernandes Silva, Saúl Neves de Jesus | 02.12.2025, 16.30 |
| 03.12.2025, 14.00 - 16.30 | | | |
| Scientific section 2 | New Approaches to Promoting a Healthy Lifestyle Among Employees in the Traffic Sector | Roxana Aldea-Capotescu, Corina Doroga | 03.12.2025, 14.00 |
| Scientific section 2 | Burnout syndrome as a predictor of some occupational stressors in school workers | Dorin Triff | 03.12.2025, 14.30 |
| Scientific section 2 | Burnout syndrome, anxiety and quality of life in pre-university school workplaces | Dorin Triff | 03.12.2025, 15.00 |
| Scientific section 2 | Artificial Intelligence in Military Decision-Making: Opportunities, Challenges, and Strategic Implications. A | Marius Milcu | 03.12.2025, 15.30 |
| Scientific section 2 | Double Bind: How the Synergy Between Populism and the Pandemic is Eroding the Social Fabric | Dan Peter | 03.12.2025, 16.00 |
| 03.12.2025, 17.00 - 19.30 | | | |
| Scientific section 3 | Empowerment: A Transcendental Phenomenological Study of Iranian Women | Maryam N. Tafreshi, Michael Stevens, Patricia H. A. Perez | 03.12.2025 17.00 |
| Scientific section 3 | Transforming Early Maladaptive Schemas in Couple and Family Relationships: Relationship-Centered Therapeutic Strategies in Schema-Focused Therapy | Alina Ramona Decsei-Radu, Larisa Pavel | 03.12.2025 17.30 |
| Scientific section 3 | From Unmet Needs to Emotional Reconnection: Integrating Emotion-Focused Therapy and Schema Therapy in Couples Work | Larisa Pavel, Alina Ramona Decsei-Radu | 03.12.2025 18.00 |
| Scientific section 3 | Women's mental health in the first three years of motherhood - triggers and manifestations of mental health issues, as described by mothers in online | Bianca-Iuliana Franke | 03.12.2025 18.30 |
| Scientific section 3 | The use of the Rorschach test in childrens' assessment, for psychological expertise - case study | Elena Claudia Mihai | 03.12.2025 19.00 |
| 04.12.2025, 14.00 - 16.00 | | | |
| Scientific section 4 | Differences in Perceptual Reactivity According to the Nature of the Stimuli | Valentina-Elisabeta Constantin | 04.12.2025 14.00 |
| Scientific section 4 | Musical Styles and Reactivity Recorded by Polygraph | Valentina-Elisabeta Constantin | 04.12.2025 14.30 |
| Scientific section 4 | Artificial Intelligence in Humanities Research: Applications, Epistemological Challenges, and Future Perspectives | Marilena Milcu | 04.12.2025 15.00 |
| Scientific section 4 | Quantitative research vs. qualitative research in digital humanities: opportunities and limits | Marilena Milcu | 04.12.2025 15.30 |

Number of conference attendees: 109